ADULT DISCOVERY & LEARNING

CLICK HERE TO REGISTER

Scroll down to view the full schedule of courses and lectures. Click on any description for more details.
**Blowing in the Wind**
9:45-11a Mondays, Sept 12-Oct 24*

The 1960’s saw a revival of American Folk Music, tied to the social issues of that turbulent decade. This series explores the origins of American Folk Music & how it evolved to the 1960’s becoming a mainstream part of American music & culture.

Instructor: Steve Pollack

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**Aging in Place Safely & Healthfully**
9:45-11a Mondays, Sept 12-Oct 24*

A physical therapist will discuss how to live safely in your home as you age, including balance/fall prevention, home safety, posture and lifting techniques. Plus a registered dietician will cover Alzheimer’s & dementia warning signs & healthy eating tips.

Instructors: Patrice A Erik, PT, MEd.
& Judy Thalheimer, RD, LDN

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**Events that Made America, America**
11:15a-12:30p Mondays, Sept 12-Oct 24*

This course will present seven key events that, after the creation of the Constitution, made America what it is today.

Instructor: James Robertson

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*No session on 9/26
**COURSES** For 18yrs+

<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
<th>Time</th>
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<tr>
<td><strong>Drawing and Beyond</strong></td>
<td>11:15a-12:30p Mondays, Sept 12-Oct 24</td>
<td>12:15-1:15p</td>
<td>Wednesday Lunch Social Hour</td>
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<td><strong>Forum on National and International Events</strong></td>
<td>9:45-11a Wednesdays, Sept 14-Oct 26</td>
<td>9:45-11a</td>
<td>Explore the views and positions expressed in online and print news media and op-eds. All viewpoints will be encouraged and discussed.</td>
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<td>Ukraine, Poland, Syria, Iraq, Yugoslavia, the Weimar Republic &amp; the Soviet Union were all products of the massive conflagration that was WWI. Examine the War’s origin, conduct, conclusion and results.</td>
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<td>1:30-2:45p Wednesdays, Sept 14-Oct 26</td>
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<td>Following a roadmap of psych disorders, watch scenes from movies and hear real-life experiences on psych wards to explore the major classifications of Abnormal Psychology.</td>
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**WEDNESDAY LECTURES** For 18yrs+

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<td><strong>The Constitution in Six Weeks</strong></td>
<td>9:45-11a Fridays, Sept 16-Oct 21</td>
<td>9:45-11a</td>
<td>Discuss the history &amp; structure of the Constitution; the Constitutional Convention; current arguments &amp; misconceptions about the Constitution.</td>
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<td><strong>Vladimir Putin VS The West</strong></td>
<td>11:15a-12:15p Wednesday, Sept 14</td>
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<td>Vladimir Putin, a product of the old USSR, has used intelligence to regain the lost prestige of the Soviet Union. Delve into the history of Ukrainian-Russian relations, Putin’s use of spies, lies and intelligence, and the role of NATO.</td>
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<td><strong>Secrets Revealed from Philadelphia’s (Underwater) Monument Cemetery</strong></td>
<td>11:15a-12:15p Wednesday, Sept 21</td>
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<td>In 1956, Philadelphia’s 2nd oldest Victorian garden cemetery was condemned &amp; turned into a parking lot. What of the 28,000 bodies? Were the grave markers dumped in the Delaware? Ed Snyder’s book, The Cemetery Traveler, will be for sale.</td>
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<td><strong>How the World Became Secular in 800 Years</strong></td>
<td>11:15a-12:30p Fridays, Sept 16-Oct 21</td>
<td>11:15a-12:30p</td>
<td>Psychology and philosophy have pushed aside theological doctrine, uprooting traditional religious values. This course plots the development of secular themes and the impact upon Western society.</td>
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<td><strong>Sidetracked: The Mysteries We Find When We Aren’t Looking for Them</strong></td>
<td>11:15a-12:15p Wednesday, Sept 28</td>
<td>11:15a-12:15p</td>
<td>Quite often at the Historical Society of Montgomery County, solving one simple question opens a hundred new questions and an entirely new story. Explore 3 stories that Historical Society researchers unraveled while getting &quot;sidetracked.&quot;</td>
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<td><strong>Bicycling &amp; the Women’s Movement</strong></td>
<td>11:15a-12:15p Wednesday, Oct 19</td>
<td>11:15a-12:15p</td>
<td>The Bicycle Craze was meaningful, especially for women. Susan B. Anthony went on record saying, “I stand and rejoice every time I see a woman ride by on a wheel...the picture of free, untrammeled womanhood.”</td>
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**All courses are FREE. Registration required - UDPL.ORG**

Lectures are in the Shanis Auditorium. No registration required.

Covid safety regulations vary per course/lecture. See details online.
**COURSES** For 18yrs+

**Drawing and Beyond**
11:15a-12:30p Mondays, Sept 12-Oct 24 *
Study the importance of shape, value, and composition and draw from studio set-ups & photos. For beginners & advanced.
Instructor: Jackie Drewes

**Forum on National and International Events**
9:45-11a Wednesdays, Sept 14-Oct 26 *
Explore the views and positions expressed in both online and print news media and op-eds. All viewpoints will be encouraged and discussed.
Instructor: Dan Shoulberg

**The First World War**
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Ukraine, Poland, Syria, Iraq, Yugoslavia, the Weimar Republic & the Soviet Union were all products of the massive conflagration that was WWI. Examine the War’s origin, conduct, conclusion and results.
Instructor: John D. Shepherd

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1:30-2:45p Wednesdays, Sept 14-Oct 26 *
Following a roadmap of psych disorders, watch scenes from movies and hear real-life experiences on psych wards to explore the major classifications of Abnormal Psychology.
Instructor: Mary Raskin RN BSN BC

*No session on 9/26 or 10/5

**The Constitution in Six Weeks**
9:45-11a Fridays, Sept 16-Oct 21
Discuss the history & structure of the Constitution; the Constitutional Convention; current arguments & misconceptions about the Constitution.
Instructor: Jules Mermelstein

**Jazz and the Great American Songbook**
9:45-11a Fridays, Sept 16-Oct 21
Explore how these two distinct musical forms depend on each other for their existence as we celebrate the music of Irving Berlin, Jerome Kern, George Gershwin, Hoagy Carmichael, Harold Arlen, Johnny Mercer, and more.
Instructor: John Danger

**How the World Became Secular in 800 Years**
11:15a-12:30p Fridays, Sept 16-Oct 21
Psychology and philosophy have pushed aside theological doctrine, uprooting traditional religious values. This course plots the development of secular themes and the impact upon Western society.
Instructor: Michael P. Heinsdorf

**Thinking Society Discussion Group**
11:15a-1:15p Fridays, Sept 16-Oct 21
Discuss topics selected by the class from recent issues developed at the Greater Philadelphia Thinking Society. Topics are drawn from the fields of science, politics, technology, philosophy, education, economics, psychology, and the arts.
Instructor: Sanford Catz

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Presenter: James Robertson

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Presenter: Ed Snyder

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Presenter: Barry Rauhauser

**Hitherto Invincible: How 3 Generations of Barkers Helped Build America**
11:15a-12:15p Wednesday, Oct 12
Presenter: Thomas J. Wieckowski

**Bicycling & the Women’s Movement**
11:15a-12:15p Wednesday, Oct 19
The Bicycle Craze was meaningful, especially for women. Susan B. Anthony went on record saying, “I stand and rejoice every time I see a woman ride by on a wheel...the picture of free, untrammeled womanhood.”
Presenter: Autumn Jackson

**Musical Performance: The Great American Songbook & Beyond**
11:15a-12:15p Wednesday, Oct 26
Listen to a live performance of the music of Irving Berlin and his contemporaries. Plus French, Spanish & Brazilian songs & Sondheim. CDs for sale.
Performers: Katie Eagleson, singer, Lenny Pierro, piano, and Madison Rast, bass.

**Wednesday Lunch Social Hour**
12:15-1:15p
Bring a brown bag lunch & socialize with fellow attendees.

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COURSEs

520 Virginia Drive, Ft. Washington, PA 19034

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UPPER DUBLIN LIBRARY

The Adult Discovery & Learning courses and lectures will take place in:
- the Shanis Auditorium, a 250+ seat theater with excellent acoustics and cushioned seating
- the 2nd-floor classroom and conference room with natural lighting

Traveling to the Library
- We have ample parking!
- 5 mins from Rt 309 & PA-276 Turnpike exits
- 10 mins from Ambler
- 17 mins from Chestnut Hill
- 30 mins from Doylestown

The Adult Discovery & Learning series is funded by the Friends of Upper Dublin Library through donations.

Your continued support will fund future library programs like this free series. Please consider donating (recommended $35 donation) or becoming a Friends member at udfriends.org.

FOR MORE INFO ABOUT ADULT DISCOVERY & LEARNING
Go to UDPL.org to register and view all courses & lectures.

Questions about the series?
Contact
Lindsay Cummings, Head of Adult & YA Services
LCummings@mclinc.org, 215-628-8744

Interested in teaching with us?
Contact
Dan Shoulberg, ADL Coordinator & Volunteer
dshoulberg1102@gmail.com, 215-643-1844

DONATE TODAY!

VISIT THE friends-shop
Buy used books, pre-loved jewelry, and arts & crafts from local makers. Perfect for gifts or finding a good read!
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